



## 2025 Newsletter: Mid-Year Update

### OUR MISSION: NO HOMEBOUND PERSON GOES HUNGRY

We provide two nutritious meals Monday through Friday, in Montgomery, Chester & Delaware Counties. Our volunteers not only deliver, but visit with each patron.

### MILESTONES:

#### 25+ years

Sue Clark  
Peggy Gregg  
Richard Hamilton  
Betty Hannan  
Clare Kelly  
Cynthia Mack  
Jane O'Malley  
Lee Urias  
Jane Weaver

### CONTACT US:

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Hold CTRL+click the icon!

### HELLO AND WELCOME!

Did you know that Main Line Meals on Wheels serves an average of 151 patrons per day? It's true, and it simply could not happen without you, and our many other generous volunteers. So, I sincerely thank you for your time, donations, flexibility and willingness to help those that need your help.

In the past, when the opportunity presented itself, I have discussed our organization with volunteers. But the opportunities have been few. Our new Volunteer Newsletter is our initial attempt to share information about our organization and what is going on within it. Hopefully, this will allow those that want to be more engaged in the organization a path to do so. At the very least, you will know more about Main Line Meals on Wheels, and then be more equipped to handle all of those questions from your family and friends. I encourage you to share any ideas you might have for this newsletter. Afterall, it is for you.

Thanks again for all that you do, and I hope you enjoy our Volunteer Newsletter!

~David Price, President - Board of Directors

### RECENT EVENTS

- Jun 21: Health Fair at the First Baptist Church - Wayne
- Jun 22: Berwyn Farmer's Market – Bronze Plaza
- Jul 19: Community BBQ – Mazie B Hall Park, Wayne

### VOLUNTEER SPOTLIGHT



**Jack Lennon** Jack has been volunteering with Meals on Wheels for 10 years now. In the beginning he was a substitute volunteer, matching his schedule with ours and his MLH Volunteering schedule. Over the years, his volunteering has increased to the point where he now has two regular "gigs" out of Bryn Mawr – Mondays, Route 1 and Wednesdays, Route 5. On top of all of this, Jack regularly volunteers to fill in for any route – either driving or visiting. As you all know, we sometimes get last minute volunteering cancellations due to a variety of reasons – many, many times, Jack will be the one to fill in. All the Bryn Mawr office coordinators know that Jack is on the list of "emergency" volunteers that we call when in a pinch! Throughout the years, Jack has provided valuable insights as to the health / welfare of our patrons and the many new volunteers he has trained. While we have been unsuccessful at convincing him to join the board, he regularly provides valuable insights and suggestions on how to improve the organization.



### **Betty Hannan**

Betty is one of our longest serving volunteers, helping Meals on Wheels for 47 years! Betty is a regular on Route 2 in Devon on Tuesdays, and is always eager to help out another day if needed. Her enthusiasm and warm spirit bring a smile to our patrons' faces and we appreciate all she does for Meals on Wheels! Aside from positive contact with some patrons who were upbeat in spite of being bedridden, Betty recalls a few memorable moments.

“One patron answered the door completely nude! I don’t recall what happened after that. Also, not long before Covid, we got stuck going up slight incline at Benson House on Montgomery Avenue on a snowy day. The gal at desk at Benson House called the police who came and stopped the traffic so I could back up onto Montgomery. Several other snow-involved deliveries come to mind. Going way back to the 70’s when I first started to volunteer, my daughters were in school all day and having grown up in a family that volunteered and reached out to others it was a natural. I believe I learned about MoW from a gal who was in the same women’s organization as I was. I remember her saying she could be a visitor as she’d stay too long chatting with the patron!”

### **CUSTOMER CALLOUTS!**

*Thank YOU for doing what you do. These meals have been lifesaving. We marvel every day about how amazing the service you provide is!!!*

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*I would be remiss if I didn't mention the quality of the meals, the variety, and the occasional, unexpected items. I absolutely loved the bouquet of flowers that arrived just before Christmas, and was please to get the “Snow Day Bag”, as well as the bag of snacks that came on St. Patrick’s Day. I also enjoy the messages and drawing on the lunch bags by the school children. I must also mention how appreciative I am of the donations Carlino’s makes. Fridays wouldn’t be Fridays without a Caesar Salad!*

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### **JUST THE FACTS**

#### **PATRONS**

##### **263 unique patrons served**

154 patrons at any given time

4 are 100+!!!

22 are 95+!

One quarter are 90 years young

Over half are 80+ years young

#### **VOLUNTEERS**

##### **178 active volunteers**

12,000 volunteer hours

50,000 miles driven

Nearly 70,000 meals delivered

1000+ lbs Snow Paks delivered

## COMMUNITY EVENTS WHERE YOU CAN FIND US!

- Aug 5: National Night Out – Wynnewood Shopping Center
- Aug *tbd*: Annual West Paoli Neighborhood Reunion – Woodbine Park, Paoli
- Aug 10: Ardmore Rock ‘n Ride – Lancaster Ave & Suburban Square, Ardmore
- Sep 6: Bryn Mawr Day - Parking Lot at Lancaster Ave & Morris Avenue in Bryn Mawr
- Sep 27: Main Line Music Festival – Wilson Farm Park, Chesterbrook
- Oct 4: Tredyffrin Township Community Day – Wilson Farm Park, Chesterbrook
- Nov *tbd*: AEP Member Expo – Desmond Hotel, Malvern

## SEND US YOUR IDEAS



[Devon Mailbox](#)



[Bryn Mawr Mailbox](#)

## HELPFUL LINKS

[Main Line Meals on Wheels](#)

[Surrey Services for Seniors](#)

[Wayne Senior Center](#)

[Center for Positive Aging in Lower Merion \(PALM\)](#)

[New Horizons Senior Center](#)